

Reverse Applique Demo

June 13, 2017

Items Needed:

- Freezer Paper
- Top Fabric
- Applique Fabric
- Scissors
- Glue stick and/or pins
- Spray Starch
- Paint Brush
- Frixion Pen or Sharpie
 - A Sharpie won't transfer to your fabric.
 - A frixion pen may transfer to your fabric, but will disappear with heat.
 - Pencil or ink may transfer to your fabric.
- Template – this can be an image you print out, or for a circle, a bowl.
- Iron & Ironing Surface

Directions:

1. If you printed out an image for a template, cut it out.
2. Cut a piece of freezer paper larger than the template.
 - a. You can use multiple pieces of freezer paper for a stiffer template. Layer several pieces of freezer paper together shiny-side down and iron before proceeding. Use 2-5 layers.
3. Cut your top fabric to the size you want to work with.
4. Cut your applique fabric larger than your template by at least a couple inches on all sides. This will make it easier to work with.
5. Trace your template onto the dull side of the freezer paper. Make sure to use the reverse image if your template is directional.
6. Cut the center of the freezer paper out along your traced line.
7. Place the shiny side of the freezer paper on the wrong side of your top fabric.
8. With an iron set to the cotton setting, iron the freezer paper onto your top fabric.
9. Cut the fabric within the template away, leaving about half an inch of fabric next to the template.
10. Notch the fabric along curves about every $\frac{1}{4}$ inch. Be careful not to cut the freezer paper.
11. If using aerosol starch, spray a small amount into the lid. It will foam, wait a few seconds and it will become a liquid. If using a liquid starch, like Best Press, you can either use it from the bottle or pour some into another container.
12. Dip your paint brush into the starch and "paint" the starch onto the fabric to soak it.
13. Use your iron (or a tool) to turn the edges of your fabric and fold them over your template. Iron in parts until the complete edge is turned over and the edge is dry.
14. If using a glue stick, apply glue to the edges of your fabric.
15. Remove the freezer paper.
16. Place the wrong side of your top fabric on the right side of your applique fabric.
17. If you used a glue stick, iron the top fabric in place.
18. If necessary, pin the top fabric in place.
19. Sew to secure.
20. Trim applique fabric.